

# July 2023 ROSS Newsletter

Fairway Gardens & Paradise Trail



## **SOCIAL WELLNESS MONTH - JULY 2023!**



During Social Wellness Month in July, break out of your fixed routine and vow to meet new people. This is because social wellness is all about your capability to bond with others and build satisfying relationships. Why is this so important? Well, the fact is, the more people you meet, the more likely you are to develop new hobbies and embark on journeys you never even imagined you would be a part of. You will get to hear new jokes, experiment, go to new places, get involved in new activities, etc. Most importantly, social relationships have a lasting impact on physical health!



www.nationaltoday.com/social-wellness-month/

## **Hope Villages of America Food Pantry**



Tuesday, July 11, 2023 9:30 AM-12:30 PM (Ralph Richards) 1:00 PM-3:30 PM (Barbee Towers)



#### Florida Dream Center Food Distribution



Tuesday, July 18, 2023 1:00 PM-2:30 PM (Ralph Richards) 3:00 PM-4:30 PM (Barbee Towers)





If you'd like to participate, contact the ROSS Coordinator at (727) 272-0473 for assistance!

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### Citizen's FREE CPR Program!

Clearwater Fire and Rescue is proud to offer free Cardiopulmonary Resuscitation (CPR) classes for the citizens of Clearwater.

Classes are held the third Saturday of the month and are provided by a certified American Heart Association (AHA) instructor. This program prepares citizens to perform CPR and to be a critical link in the chain-of-survival.



To apply, visit www.myclearwater.com



If you have questions, please call (727) 324-2434 or contact us by email at <a href="mailto:peter.gushee@myclearwater.com">peter.gushee@myclearwater.com</a>

#### LOW INCOME INTERNET ASSISTANCE AVAILABLE!

## **Affordable Connectivity Program Benefits**



Up to \$30/month towards broadband service from articipating providers



Up to \$75/month towards broadband service for households on tribal lands, including Hawaiian Home Lands



A one-time discount of up to \$100 to purchase a laptop, desktop, computer, or tablet



The Affordable Connectivity Program (ACP) is an FCC benefit program that helps ensure that low-income households can afford the broadband they need for work, school, healthcare and more.

- Limited to one monthly service discount and one device discount per household
- Go to <u>AffordableConnectivity.gov</u> to submit application, print out a mail-in application or call 877-384-2575 to apply
- Contact your preferred participating provider to select a plan and have the discount applied to your bill.



For an application and/or assistance, contact the ROSS Coordinator at (727) 272-0473!



#### **Back to School Bash 2023**

Saturday, August 5, 2023 11:00 AM-2:00 PM

North Greenwood Recreation Center 900 N. Martin Luther King Jr. Ave. Clearwater, FL 33755

- FREE backpacks (first 350 patrons)
- Physicals (No immunizations)
- Health & Wellness Checks
- Food, music & games
- Community Outreach Vendors





Please **RSVP** by visiting the **North Greenwood Recreation Center** or call **(727) 562-4590** 

www.myclearwaterparks.com

Don't Forget Florida Tax Free Weeks! July 24th - August 6th, 2023 January 1st - January 14th, 2024 For a list of qualifying items, visit floridarevenue.com/backtoschool



## DISCOVER YOUR PATHe Event

Thursday, July 20th, 2023 & Friday, July 21st, 2023

Discover Your PATHe event offers an immersive, simulative college life experience for Pinellas County high school students, including overnight accommodations in a student residence hall and interactive activities.

#### Activities will include:

- College Fit and Student Experience
- Career and Major Exploration
- College Admissions & Financial Aid Education
- Networking with each other and current college students





#### Nominate A Student

Do you know of a rising high school junior or senior that would benefit from attending this event? A school and/or community representative can nominate a student.

#### **QUESTIONS?**

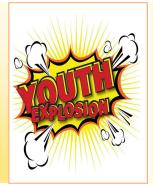
Contact a PATHe Counselor via e-mail at PATHe@spcollege.edu or call (727) 873-4728 Sandy DeCarlo www.stpetersburg.use.edu

## 6th Annual Rising Above! Youth Explosion 2023

Wednesday, July 19, 2023-Friday, July 21, 2023 at 9:30 AM-3:00 PM Daily

This **FREE** Youth Leadership event brings community, individuals, organizations together in a safe environment to discuss issues, find common ground and produce solutions that our youth can participate in to create a better community!

For more information, call (727) 442-5355
For registration details, visit
<a href="https://www.clearwaternfc.org">www.clearwaternfc.org</a>



**THREE DAYS** at the following Location:

St. Pete College—Drew Campus 2465 Drew Street Clearwater, FL 33765



Adults and kids from 3rd grade to 12th grade are welcome! Event highlights include workshops, performances, activities, contests, aerobatic basketball, food, prizes & more!