

www.ClearwaterHonorFest.com



May 2024 ROSS Newsletter

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LEARNING EMPOWERED **TRIANGLES LEARNING PROGRAM**#

The Triangles Program is for children ages 3-5 years old with social-emotional or behavioral challenges in early learning programs who are struggling in their current classroom setting.

Services to Children & Families include:

- Specialized 3 & 4-year-old social-emotional-behavioral classrooms
- Behavior management and support
- Individualized intervention plans based on assessments
- Teacher coaching and mentoring •
- Family counseling, support groups, workshops •
- Referrals and follow-up resources •



Early

Childhood

Education

Referrals can be made by parents or teachers. Call our direct line at (727) 417-0019 or email us at referral@learning-empowered.org



www.learning-empowered.org

MERICAS SBDC

FREE Business Workshops Available!

Learn ways to start or to grow Pinellas with these free virtual

workshops! The Florida Small Business **Development Center Network** at Pinellas County offers business training, consulting, referrals and resources. Workshops fill quickly and advanced registration is requested. Classes are cancelled on holidays or any day county offices are closed.



For more information or to request a consulting appointment, call (727) 453-7200. To register for upcoming virtual classes, visit www.PCED.org/sbdc.



13805 58th Street N. Suite 1-200 Clearwater, FL 33760



PCs for People

- Laptops \$135 (free shipping) Desktops \$80 (free shipping) As low as \$15 per month
- Prepaid plans available ٠
- **Unlimited data**

For more information call (651) 354-2552



www.pcsrefurbished.com

FREE INTERACTIVE CLASSES - May 2024



Space is limited. Pre-registration recommended for all in-person classes. To register, call (727) 562-4904.



Free Instruction!* Acrylic Painting:

Monday, May 13th, 1pm-3pm...A fun afternoon of painting acrylics on 12 x 12 canvas. Easy-to-follow, step-by-step instructions and all supplies are included

with the materials fee. *\$15 (exact amount in cash) materials fee required to be paid to the instructor on the day of your class.



Mindfulness Meditation:

Tuesday, May 21st, 1pm-2pm... Deeply relaxed and deeply alert is the paradoxical truth of mindfulness meditation, an ancient art that may provide a stress

management tool and path towards personal growth. You will learn mindfulness and loving-kindness meditations as a way of connecting compassionately to yourself and others. No experience necessary. FREE.

> Aging Well Long Center - 1501 N. Belcher Rd. Clearwater, FL 33765 www.myclearwater.com/agingwell



HOME SHOULD BE A SAFE PLACE!

CASA is the official domestic violence center for Pinellas County and has provided lifesaving services to women, children, and men living with domestic violence for over 40 years.

At CASA, we're committed to providing our essential services during this time when they are most needed!

For more details about our organization, services, and how to get help, visit www.casa-stpete.org or email at info@casa-stpete.org.

CASA's 24 Hour Domestic Violence Hotline: (727) 895-4912 www.casa-stpete.org/chat (800) 500-1119

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Eligibility Requirements

Available Low-Cost Internet Service & Computers!

200% below federal income poverty level or currently enrolled in an income based government assistance program, such as:

> Section 8 or Public Housing SNAP program (Food assistance) SSI (Social Security Income) TANF (Financial Assistance) Free/reduced school lunch program

For more details, visit www.everyoneon.org



Spectrum Internet Assist# (Seniors - at least 65 yrs+ of age)

- \$24.99 per month 30 Mbps of Internet
- speed
- No data caps
- FREE Internet modem
- Add in-home wi-fi for \$5 per ٠ month

To start the qualification process call (877) 959-1748 or visit www.SpectrumInternetAssist.com