





A month filled with love, humanity and gift giving events like Christmas and New Year's Eve. December is the last month of the year, one of seven months with the length of 31 days and has the shortest daylight hours of all months.

HOLIDAY



Tuesday, December 24, 2024 (Christmas Eve) Wednesday, December 25, 2024 (Christmas Day) Tuesday, December 31, 2024 (New Year's Eve)

# **Barbee Towers & Ralph Richards**



Hope Villages Food Pantry Tuesday, December 10, 2024 9:30 AM-3:30 PM



FL Dream Center Food Distribution Tuesday, December 17, 2024 1:30 PM-4:30 PM





Salvation Army Silver Bells Gift Distribution Thursday, December 19, 2024 Barbee Towers 1:30 PM-3:30 PM

> Ralph Richards 3:30 PM-4:30 PM





## Neighborly Transportation Group Shopping

Group shopping trips are available **every other Thursday (or bi-weekly)** for residents who are registered (must be at least 60 years or older)!

Thursday, December 12th @ 9:15 AM - Walmart Thursday, December 26th @ 9:15 AM - Publix

Please sign up prior to the scheduled trip date!
Pick up and drop off at your





location!

Contact the ROSS Coordinator for details at (727) 446-1045, ext. 248 or email swhite@clearwaterhousingauth.org





#### The Polar Express Experience @ The Baycare Sound @ Coachman Park Friday, December 13, 2024 4:30 PM - 9:00 PM

The Polar Express Experience is a FREE familyfriendly event that includes a variety of games, activities, and crafts while enjoying falling snow on the plaza. It concludes with a FREE screening of the Oscar-nominated animated movie, *The Polar Express*, starring Tom Hanks.

#### Market Marie's Holiday Extravaganza @ Coachman Park Saturday, December 14, 2024 10:00 AM - 2:00 PM



Shop local for your holiday gifts at Coachman Park at the "The Market Marie's Christmas Spectacular" brought to you by the 12 Days of Christmas - Clearwater Beach. Santa, Mrs. Claus, the Grinch, Cindy Lou Who and a festive pet PAWrade will be part of this month's Market!

#### Light It Up Clearwater: New Year's Eve Fireworks Show @ Clearwater Beach Tuesday, December 31, 2024

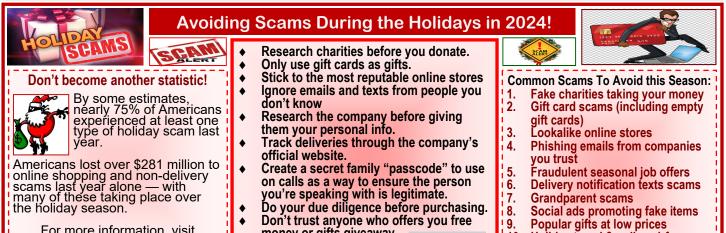


Come and join us on New Year's Eve, relax with your toes in the sand, watch one of our world-famous sunsets, grab a bite to eat and then ring in the New Year with fireworks at midnight!



#### December 2024 ROSS Newsletter

#### Page 2



For more information, visit www.aura.com/learn/holiday-scams Don't trust anyone who offers you free money or gifts giveaway.



- 9.
- 10. Holiday travel & online airfare scams



### Grease Disposal

Pouring fats, oils, and grease down the drain this holiday season can cause serious and expensive pipe blockages. The Solid Waste Recycling Drop Off Center is available 24 hours a day, seven days a week. To participate, please follow these steps:

1. Place leftover cooking greases, frying oils, meat drippings and bacon fats into a container.

2. Bring the grease to the city's Solid Waste/Recycling dropoff center at 1701 N. Hercules Ave, Clearwater, FL 33765

3. Pour the contents of the container into the large barrel that is on-site. Take the empty container home or place it in the trash afterwards, as a container with a layer of grease inside is not recyclable.



For more information, call (727) 562-4920 or visit www.myclearwater.com/recycling

care.



### **Diabetes Educational Empowerment Program** (DEEP) Virtual Classes

Mondays: December 16, 2024-January 20, 2025, 6pm-8pm Fridays: December 27, 2024-February 7, 2025, 2pm-4pm

Join DEEP, a six-week program (once a week, two-hour classes) that teaches you how to manage diabetes through lifestyle changes including better nutrition and physical activity. The goal of the program is to empower you to take charge of your diabetes, avoid complications, and improve self-management skills.



Registration is required. To enroll or for more BayCare information, call (855) 269-4777 or e-mail at GetHealthy@baycare.org



CLEARWATER FREE CLINIC Health care for uninsured families

Address: 1218 Court Street Clearwater, FL 33756 727-447-3041

**Clinic Hours:** Monday-Thursday 8:30 AM-6:00 PM

**FREE Healthcare** services for the uninsured!

**Clearwater Free Clinic is a volunteer** 

medical facility that provides primary

health care at no cost to those who do

not qualify for government assistance

and who cannot afford private medical

www.clearwaterfreeclinic.org

driven non-profit, non-government



### Services include:

- Primary/Specialty care
- Women's care ٠
- Diabetic/Nutrition programs
- Medication services
- Ophthalmology
- Pediatrics
- **Behavioral Health**