



April is Water conservation month

American residents use about 100-125 gallons of water per day. The average faucet flows at a rate of two gallons per minute. A running toilet can waste up to 200 gallons of water per day. The average family in Clearwater uses 130 gallons of water each day. Here are some things you can do to help conserve one of our greatest resources:



Four Tips to Help Conserve Water Indoors

- Turn off faucet while brushing teeth.
- Take shorter showers.
- Fix leaks in faucets, showerheads and toilets.
- Only wash full loads.

Join us in the effort to save water. Questions about water leaks and utility bills can be directed to the city's Utility Customer Service Department at (727) 562-4600.

www.myclearwater.com

GRAND FAMILIES UNITY DAY

Celebrating grandparents, extended family members, and non-relatives who help raise children.

Grandparent Raising Grandchildren • Aunt or Uncle Raising Nieces or Nephews • Sibling Raising Minor Sibling

Saturday, April 5th
11AM – 3PM
Rain Date:
Saturday, April 12th



Campbell Park
601 14th St. S
St. Petersburg, FL

Non-Perishable
Food Box
Hygiene Supplies
and Other
Giveaways!

First Come – First Serve

FREE

- Family Resources
- Health Screenings
- Food Truck
- Kids Haircuts
- Crafts
- Performances
- Music
- & MORE!

ASL Services Provided



Contact:
kroy@jwbpinellas.org



April is Stress Awareness Month: Tips to Help You Cope

- ♦ Eat healthy, well-balanced meals.
- ♦ Exercise on a regular basis.
- ♦ Get plenty of sleep.
- ♦ Give yourself a break if you feel stressed out.



- ♦ Share your problems and feelings and coping with a parent, friend, counselor, doctor, or pastor.
- ♦ Avoid drugs and alcohol. These may seem to help with the stress, but in the long run, they create additional problems.
- ♦ Take a break. If news events are causing your stress, take a break from listening or watching the news.
- ♦ If problems continue or you are thinking about suicide, talk to a psychologist, social worker, or professional counselor.

With the proper understanding, good practices, and helpful support of others, stress is a battle that we can win and live balanced, healthy, and happy lives.



For immediate help, contact one of the following crisis hotlines:

- **Disaster Distress Helpline:** 1-800-985-5990
- **National Suicide & Crisis Lifeline:** 988
- **www.988lifeline.org**

For more information, visit

www.cdc.gov/violenceprevention/suicide/copingwith-stresstips.html



Monthly Food Distribution at Barbee Towers & Ralph Richards!



Hope Villages Food Distribution
Tuesday, April 8, 2025 at 9:30 AM-1:30 PM



FL Dream Center Food Distribution
Tuesday, April 15, 2025 at 1:30 PM-4:30 PM



Metropolitan Ministries Easter Meal Event
Thursday, April 17, 2025 at 1:00 PM-3:00 PM

If interested in receiving food, contact the ROSS Coordinator at 727-446-1045, ext. 248 or email at swhite@clearwaterhousingauth.org





Shred-A-Thon and Medicine Disposal Event



**Saturday, April 26, 2025
9:00 AM-2:00 PM**



**Countryside Mall
27001 US Hwy 19 N
Clearwater, FL 33761**



(near intersection of US 19 & Countryside Blvd south
of Whole Foods)

- ♦ **FREE** shredding event for Clearwater residents ONLY - no businesses (bring proof of residency)
- ♦ Drop-offs are for all paperwork and old/expired prescription medication
- ♦ Needles or other hazardous materials will NOT be accepted
- ♦ Limit of 10 boxes per vehicle for shredding

**Residents with questions can call
(727) 562-4920**

Clearwater Solid Waste/Recycling Department
1701 N. Hercules Avenue
Clearwater, FL 33765



www.myclearwater.com



The Family Services
Initiative (FSI) may be
able to help YOU!

FSI Connect



727-888-HELP

727-888-4357



PEMHS.ORG/FSICONNECT

WHO WE CAN HELP:

NO ASSISTANCE IS GUARANTEED, OTHER ELIGIBILITY CRITERIA
MAY APPLY, & NO EMERGENCY FUNDING PROVIDED

- ✓ Current Pinellas County Resident
- ✓ Pregnant or at least one (1) minor in the home
- ✓ A documented, unexpected event causing you to get behind
- ✓ Sustainable, guaranteed income moving forward

HOW WE CAN HELP:

RENT/MORTGAGE

ELECTRIC BILL

WATER BILL

FOOD BOX/PANTRY

CHILDCARE REFERRAL/INFANT NEEDS

COUNSELING RESOURCES

TRANSPORTATION RESOURCES

JOB RESOURCES

Income must be 250% of federal poverty guidelines or less



\$51,100/year
\$4,258/month



\$64,550/year
\$5,379/month



\$78,000/year
\$6,500/month



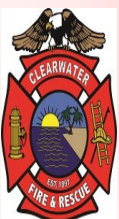
City of Clearwater Citizens Free CPR Training!

**Saturday, April 12, 2025
9:00 AM - 1:00 PM**

Clearwater Fire and Rescue is proud to offer free Cardiopulmonary Resuscitation (CPR) classes for the citizens of Clearwater. Classes are held various Saturdays of the month and are provided by a certified American Heart Association (AHA) instructor. The goal of the program is to train citizens of Clearwater to save lives of victims in cardiac arrest through early activation of the 911 system and high-quality CPR. This program prepares citizens to perform CPR and to be a critical link in the chain-of-survival.



**1760 N. Belcher Road
Clearwater, FL 33765
Registration is required.**



If you have questions, call (727) 324-2434 or
email at peter.gushee@myclearwater.com

www.myclearwater.com

Pinellas County Summer Bridge Program



PREPARE...LEARN...GROW!

June 2—June 26, 2025

**Monday—Thursday
8:00 AM—2:00 PM**

Secure Your Seat Now!

**Open for Pinellas County students from
kindergarten through 11th grade!**

- ♦ Weekly themed sessions
- ♦ Virtual field trips
- ♦ Math, Science, & Language Arts
- ♦ Transportation Available



Need help applying? Contact Student
Assignment at **727-588-6210**

For more information, locations, & registration:

www.pcsb.org/summerbridge

