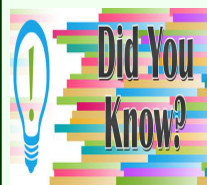




# August 2025 ROSS Newsletter



## Fairway Gardens & Paradise Trail



### National Watermelon Day - Sunday, August 3, 2025

National Watermelon Day encourages the consumption of Watermelons. Watermelons can lower the risk of heart disease and reduce hypertension. About 92% of a watermelon is water making it a popular refreshing fruit. Watermelons have high Lycopene levels that promote cardiovascular health, bone health, and prevent prostate cancer. With proper growing conditions, watermelons grow to enormous sizes. Around the world, competitions award prizes each year for the largest one. The Guinness Book of World Records states that the heaviest watermelon weighed 262 pounds. To learn more refreshing watermelon facts, check out [www.watermelon.org](http://www.watermelon.org).



### Monthly Food Distribution

**Tuesday, August 12, 2025**  
**9:30 AM-11:00 AM**  
**(Ralph Richards)**



**Tuesday, August 19, 2025**  
**2:00 PM-4:00 PM**  
**(Ralph Richards)**

Contact the ROSS Coordinator prior to the event at **(727) 446-1045, ext. 248** or email at [swhite@clearwaterhousingauth.org](mailto:swhite@clearwaterhousingauth.org).

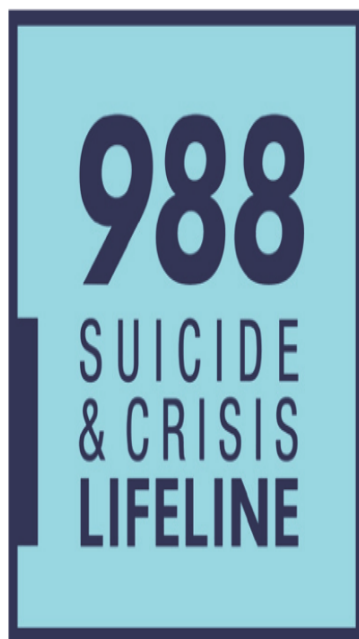


### Mobile Drive Thru Food Pantry



**WEDNESDAY**  
**August 13th & 27th, 2024**  
**3:30 PM-5:00 PM**  
**Salvation Army Clearwater**  
1521 Druid Road  
Clearwater, FL 33756  
**(727) 446-4177**

**FREE pre-packages boxes of food**  
**No ID, paperwork, or pre-screening required**



If you or someone you know  
needs support now,

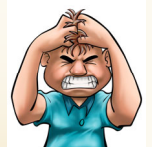
**CALL OR TEXT: 988**  
**CHAT: 988lifeline.org**

*Talk with us.*



### FREE Family Support!

**Are you stressed?**  
**Overwhelmed?**  
**Anxious?**



Children's Home Society (CHS) of Florida's Family Support Line is available to anyone who needs support during this difficult time. Our services include:

Free, confidential counseling and support  
Counselors available 24 hours/7 days  
Connections to additional programs and providers  
Callers/texters can remain completely anonymous



**We're here to help!**  
**CALL or TEXT**  
**1-888-733-6303**  
**[www.chsfl.org](http://www.chsfl.org)**





## Parents' Back To School 2025-2026 Checklist



Ensure a smooth start to the school year! Keep the beginning organizational steps simple:

- ♦ Find your child's exact school supply list on the **TeacherLists website** and shop right on your phone.
- ♦ Get familiar with any dress codes.
- ♦ Identify your school point person(s) to contact if your child gets sick.
- ♦ Make sure your child is up-to-date with required immunizations and recommended vaccines.
- ♦ Develop daily preparation routines before and after school.
- ♦ Talk to your child in about safety precautions to take at school.
- ♦ Make sure your information is current at school, including emergency contacts.
- ♦ With your child likely spending more time learning online, discuss online safety and being a good digital citizen.



For more information, visit  
[www.teacherlists.com](http://www.teacherlists.com)



**Saturday, August 2nd, 2025**  
**4:00 PM - 8:00 PM**



**Tropicana Field, Lot 1**  
**1701 17th Street S**  
**St. Petersburg, FL 33705**



- 2500 backpacks with grade-level school supplies
- Bounce houses & games for the kids
- Food trucks, vendors & family fun
- Pet-friendly vibes
- FREE parking & FREE entry



For more information or to register as  
a vendor or sponsor, contact **Renee**  
**Edwards at (833) 480-SHOP** or visit  
[www.saturdayshoppes.com](http://www.saturdayshoppes.com)



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### Eligible Shoppers:

1. You must live in **Hillsborough** or **Pinellas County** with school aged children on free or reduced lunch program or have referral from an approved agency.
2. Call Clothes To Kids for an **appointment (only)** at **727-441-5050**. During busy months, it may take up to two weeks.
3. Come shopping! We look forward to seeing you!



**1059 N. Hercules Avenue**  
**Clearwater, FL 33765**



If you need a referral, please contact  
the ROSS Program Coordinator at  
**(727) 446-1045, ext. 248** or email at  
[swhite@clearwaterhousingauth.org](mailto:swhite@clearwaterhousingauth.org)

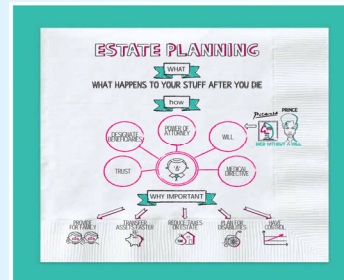
Napkin Finance

### FREE financial resource with simple solutions!

**Napkin Finance** is a multimedia company that teaches people complex financial concepts using the format of napkins. The napkins can be both printed or played out interactively in short films.

Boost your knowledge by using the financial tips and tools gained from our bite-sized learning modules that include such topics as:

- ♦ Investing
- ♦ Taxes
- ♦ Savings
- ♦ Budgeting
- ♦ Insurance
- ♦ Credit Cards
- ♦ Estate Planning



To get started, visit  
[www.napkinfinance.com](http://www.napkinfinance.com)