

FSS September Newsletter 2025



"You don't have to be perfect. You just have to show up."

Self-Growth Corner: September Edition

Fall Into Growth — September is a season of fresh starts! Here are some quick tips to help you reset and grow:



Reset with the Season

Review your goals and make small adjustments for the rest of year



Budget Fall Cleaning

Cancel unused subscriptions and put that money toward savings



Start a Morning Ritual

Journaling, stretching, or a short walk before the day begins



Learn Something New

15 minutes of a podcast, bot, or befee class each night



Gratitude Check

Write down 3 things you're thankful for



Give Back to Grow

Volunteer or help a neighbor



Health Check-In

Drink more water, walk daily, or book overdue appointments

FREE FOOD GIVEAWAY

Food provided by
good neighbors
community food connection

BIBLE FELLOWSHIP CHURCH

4670 E Bay Drive
Clearwater

Wednesdays 5-6pm



FSI CONNECT

Help For Families
Is A Call Or Click Away



Are you a family with one or more children residing in Pinellas County?

Do you have documented financial loss due to an unforeseen event or series of events?

The Family Services Initiative (FSI) can help. Call or click for a screening today!



727-888-HELP

727-888-4357



**ELEOSWELLNESS.ORG/
APPLY-FOR-ASSISTANCE**

WHO WE CAN HELP

Note that assistance is not guaranteed & other qualifications may apply.

- ✓ Families in Pinellas County who are pregnant or have custody of at least one child under 18
- ✓ Families with verified income to support future household expenses
- ✓ Families with income 250% of federal poverty guidelines or less (see examples below)



FAMILY OF TWO

\$52,875/YEAR OR \$4,406/MONTH



FAMILY OF THREE

\$66,625/YEAR OR \$5,552/MONTH



FAMILY OF FOUR

\$80,375/YEAR OR \$6,698/MONTH



FAMILY OF FIVE

\$94,125/YEAR OR \$7,844/MONTH

HOW WE CAN HELP



RENT/MORTGAGE ASSISTANCE



UTILITY BILLS



GROCERIES



CHILD CARE



INFANT NEEDS



COUNSELING RESOURCES



TRANSPORTATION RESOURCES



JOB RESOURCES



Pinellas County Schools
students, teachers and staff

RIDE FREE

when they show their ID.

Ride any route, including trolleys, any time or day. PSTA buses are **FREE, SAFE and CONVENIENT.**

For routes and schedules, visit: [PSTA.net](https://www.psta.net)



FSS Quarterly Meetings/ Questions

Contact The FSS Coordinator at

727-461-4777 ext. 229 or by email at

grubin@clearwaterhousingauth.org



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Workshop Registration

1. All customers must have a basic profile on www.EmployFlorida.com to request workshop registration.
2. To register for a class, visit www.careersourcetampabay.com/events; Click on the workshop of your choice and complete the registration form.
3. Once you complete your registration for the workshop via Zoom, a confirmation will be emailed to you. If you registered via Microsoft Form, please print your responses.

Resume & Cover Letter Power Hour In-Person Workshop

September 24 @ 10:00 am - 11:00 am

**2312 Gulf to Bay Blvd
Clearwater, FL 33765**

Learn how to craft compelling application materials that get noticed. Discover résumé writing best practices, common pitfalls to avoid, and explore the different types of résumés and key résumé sections. Then, dive into the essentials of writing an effective cover letter by reviewing real examples of what works—and what doesn't. Whether you're starting from scratch or refining what you already have, this session will give you the tools to make your résumé and cover letter stand out.

Modern Day Job Search for Mature Workers In-Person Workshop

September 22 @ 2:00 pm - 3:30 pm

**2312 Gulf to Bay Blvd
Clearwater, FL 33765**

Discover key tips on fighting ageism and resources to finding companies and websites that are looking for mature workers.

Career Connect Fall Job Fair

September 25 @ 10:00 am - 1:00 pm

**13805 58th St. North
Clearwater, FL 33760**

Looking to start a new career or explore fresh opportunities? Join us at the Career Connect Fall Job Fair and meet employers ready to hire!

What to Expect:

- 200+ job openings across multiple industries
- Networking with top employers
- On-the-spot interviews for some positions
- Don't miss your chance to connect, network, and land your next career opportunity!

Navigating Employ Florida In-Person Workshop

September 29 @ 2:00 pm - 3:30 pm

**2312 Gulf to Bay Blvd
Clearwater, FL 33765**

Learn how to navigate through the EF website features such as resume builder, job search, creating a virtual job recruiter and more.



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GFWC North Pinellas Woman's Club
DOMESTIC AND SEXUAL VIOLENCE
AWARENESS AND PREVENTION

KNOWLEDGE IS POWER
Prevention through Education

Presented by:

Jennifer Young

Chairman of the Pinellas Coalition
to End Domestic Violence



Saturday, September 20, 2025
11 AM – 1 PM

Clearwater Countryside Library Meeting Room
2642 Sabal Springs Dr., Clearwater 33761

A Light Brunch Will Be Served
LIMITED SEATING RSVP: Call or Text Joanne at 727-798-2608



YOU ARE NOT ALONE.

IT'S NOT YOUR FAULT.

HELP IS AVAILABLE 24/7.



24/7 Sexual Assault Helpline:
(727)530-7273

NORTH GREENWOOD YOUTH BASKETBALL SKILLS & DRILLS



The North Greenwood Recreation Center will host youth skills & drills.

Kids will learn beginner and advanced basketball skills through drills, practices, and scrimmage games led by volunteer coaches. Fun, competitive, and open to all skill levels!

MONDAYS

6:30PM - 8:30PM

Sept. 8th - Dec. 29th

COST: FREE Ages: 11-17

Participants must be in Rec Trac to join. If not, a parent must attend the first visit to register.

For more information, contact
Colton.Jacobs@myclearwater.com



North Greenwood Recreation Center | 900 N Martin Luther King Jr. Ave.
(727) 562-4590

HEP CAREER FAIR



WEDNESDAY, SEPTEMBER 10TH

12:00-2:00 PM | 1260 ENGMAN ST. CLEARWATER

**MEET EMPLOYERS IN THE COMMUNITY
RECEIVE EDUCATION RESOURCES & FINANCIAL COACHING**



PARTICIPATING ORGANIZATIONS & BUSINESSES:



WORKFORCE DEVELOPMENT CENTER

1260 Engman St., Clearwater, FL 33755 | (727) 442-9041 x 118
Center Hours: Mon-Thurs 9-11:30 AM & 12-4 PM | Fri 9-11:30 AM & 12-3 PM

What can I do to calm my mind?



Physical self-care

Taking care of our bodies is an important part of self-care. Something as simple as going for a walk can help boost your mood.



Emotional self-care

Emotional self-care is about becoming more aware of your emotions and checking in with yourself. Take a moment to write down how you're feeling.

Do you need support?

Suncoast Center can help!

(727)388-1220

www.suncoastcenter.org



BEFORE A HURRICANE



Listen to local area radio, NOAA radio or TV stations for information.



Be prepared to evacuate and know your routes and destinations.



Check your emergency kit and replenish as needed.



988

SUICIDE & CRISIS
LIFELINE



FREE, CONFIDENTIAL
SUPPORT, 24/7

CALL, TEXT, OR CHAT

FIRSTCONTACT
CONNECTING YOU TO HOPE & HELP

