



June 2026 ROSS Newsletter



Fairway Gardens & Paradise Trail

ROSS Community Rally via ZOOM!

Monday, June 8, 2026
3:00 PM - 4:00 PM
Fairway Gardens

Monday, June 15, 2026
3:00 PM - 4:00 PM
Paradise Trail



Connect...
Communicate...
Collaborate...
With the ROSS
Coordinator!



Meeting ID: 471 291 6775
Passcode: x126QF

Monthly Food Resources...

Tuesday, June 16, 2026
1:30 PM-3:30 PM
Ralph Richards Tower
(Front Lobby Area)



Tuesday, June 23, 2026
1:30 PM-3:30 PM
Barbee Towers
(Community Room)

For assistance, contact the ROSS Coordinator
at (727) 446-1045, ext. 248 or e-mail
swhite@clearwaterhousingauth.org



City of Clearwater Citizens Free CPR Training!

Saturday, July 18, 2026
9:00 AM - 1:00 PM

Clearwater Fire and Rescue is proud to offer free Cardiopulmonary Resuscitation (CPR) classes for the citizens of Clearwater. Classes are held various Saturdays of the month and are provided by a certified American Heart Association (AHA) instructor. The goal of the program is to train citizens of Clearwater to save lives of victims in cardiac arrest through early activation of the 911 system and high-quality CPR. This program prepares citizens to perform CPR and to be a critical link in the chain-of-survival.



1760 N. Belcher Road
Clearwater, FL 33765



Registration is required.
If you have questions, call (727) 324-2434 or
email at Jason.Thibault@myclearwater.com
www.myclearwater.com



Pinellas Drive-Thru Food Pantry...



Feeding Tampa Bay has partnered with the Salvation Army to serve the community through the monthly drive-thru pickup at the following location on these days/times:

Salvation Army Clearwater
1521 Druid Rd
Clearwater, FL 33756
(727) 446-4177
www.salvationarmyusa.org/usn

Wednesdays
June 10th, 2026
June 24th, 2026
3:30 PM-5:00 PM
(No registration or ID is needed)

Ready & Resilient Hurricane Expo 2026

Saturday, June 27, 2026
10:00 AM-1:00 PM



Clearwater East Community Library SPC
2465 Drew Street
Clearwater, FL 33765

This free, community-center bilingual event will connect organizations, service providers, and residents to share resources, strengthen connections, and support hurricane preparedness and resilience. There will be raffles, free lunch, giveaways, community resources, and children's zone with games & activities!



www.myclearwater.com



Sunday, June 21st, 2026

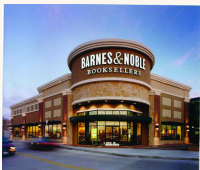
HAPPY
FATHER'S
DAY



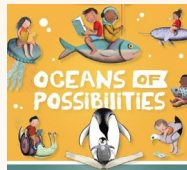
Barnes and Noble Summer Reading Program 2026

The program is available to school aged children in grades 1-6. Visit your local Barnes and Noble to pick up a reading journal and follow these three easy steps:

1. Read any eight (8) books this summer and record them in your Summer Reading Journal. On the reading log, your child will need to explain which part of the book is their favorite, and why.
2. Bring the completed and signed reading journal into your local Barnes and Noble Book Store between **Wednesday, July 1, 2026 and Monday, August 31, 2026.**
3. Choose your FREE book from the book list featured in the journal.



Barnes & Noble
 23654 US Hwy 19 N
 Clearwater, FL 33765
 (727) 669-1618



For more information on summer reading for all ages, visit www.BN.com/SummerReading and click your child's age category! You can also follow along on social media using the hashtag #BookYourSummer. Happy summer reading, everyone!



FREE INTERACTIVE CLASSES - June 2026

Space is limited. Pre-registration recommended for all in-person classes. To register, call (727) 562-4904.

Line Dancing: Friday, June 12th & 26th, 1pm-2pm... Line dancing has many significant benefits beyond having fun and social interaction. Participants will experience low-impact cardiovascular exercise and cognitive stimulation. It greatly improves balance, coordination, flexibility, and muscle strength, which helps reduce falls. Additionally, it boosts mental health by enhancing memory, relieving stress and reducing depression. Space is limited. **FREE.**



Beaded Bracelets, Pendants, & Earrings (Free Instruction): Wednesday, June 24th, 1pm-3pm... Get ready to celebrate the Fourth of July in style. Join Kathy as she shows participants how to make a festive beaded bracelet with a matching pendant and earrings. Be sure to bring your best glasses for close-up work. A ***\$20 materials fee, exact amount in cash, is required** to be paid to the instructor on the day of the class. Space is limited.



Aging Well Long Center - 1501 N. Belcher Rd.
 Clearwater, FL 33765
www.myclearwater.com/agingwell



Professional Skills Workshops Available in June 2026!

There are opportunities available for you to sharpen your professional skills!

- In-Person sessions include topics such as:**
- Overcoming Barriers to Employment
 - Weekly Computer Basics
 - Wellness In the Workplace
 - Essential Technology Skills
 - Cleaning Up Your Online Presence
 - Interview Preparation
 - Get Hired in Person
 - Creating A Professional Resume

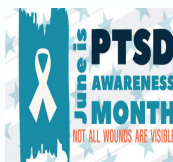


For more details regarding availability and class information, call **727-524-4344**

To complete the pre-registration form for the training session, visit www.careersourcepinellas.com/



or contact the **ROSS Coordinator** at **(727) 446-1045, ext. 248** for assistance!
swhite@clearwaterhousingauth.org



June is PTSD Awareness Month!

Post-Traumatic Stress Disorder (PTSD) affects millions yet remains misunderstood. This month, we shed light on this complex mental health condition by focusing on education about symptoms, treatment options and coping strategies to foster empathy and reduce stigma.

Did you know?...

- 20 million Americans are living with PTSD
- One in 11 people will be diagnosed with PTSD at some point in their lives
- Those living with PTSD can struggle with flashbacks, anxiety, hypervigilance, difficulty trusting others, and daily life and relationships issues
- Post-traumatic stress doesn't only affect military veterans. Almost 70 percent of U.S. adults experience trauma in their lives, and women are twice as likely to experience PTSD.
- Others prone to PTSD include first responders, healthcare workers, survivors of accidents, victims of crime/abuse, and witnesses of traumatic events



If you or someone you know is struggling, healing is possible and help is available!



Suicide & Crisis Lifeline: Call or text **988** (available 24/7)
Veterans Crisis Line: Call **988** and press **1**, or text **838255**
SAMHSA National Helpline: Call **1-800-662-4357**
NAMI HelpLine: Call **1-800-950-6264** (Mon-Fri, 10am-10pm ET) or text **"NAMI"** to **62460** to speak with a trained specialist
www.ptsd.va.gov/gethelp/crisis_help.asp